

Champions for the Suicidal: A Message Against Suicide from Nick Vujicic

<https://youtu.be/HT3Pzm6SPRQ>

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Hi, everyone, I'm so honored and humbled that you're right now joining me here today. I'm going to be sharing about something that is so, so close to my heart-- a message that under the "Champions for the Brokenhearted" series, we (choosing topics during 2022) couldn't get through this year without talking and confronting the issue of suicide. Talking about suicide is pretty rare. Talking about thoughts of giving up to people that may feel like there is no greater purpose for their life, people feeling like they're so depressed, and alone and helpless, that they're considering giving up. Maybe that's you.

That was me. That was me. I was bullied at school. Everyone had more than me. I didn't understand why God didn't love me as much in my mind, giving everybody else more than he gave me.

I didn't know what was wrong with me or how I prayed when I prayed for arms and legs and arms and legs didn't come. And I never tell anybody that I understand your suffering. Just as you don't, and can't imagine a life without limbs. I can't imagine my life in your shoes. Now, for real. I always tell many people around the world that I believe it's worse being in a broken home than having no arms or legs, and that depression, that secret depression, that isolation, those thoughts, those negative voices in your head, if you don't take care of it, will control you. And I want you to know that thoughts in your mind--there are angels and demons.

It is spiritual warfare, battling for your soul. And I want to tell you that if you're in that dark room of thoughts that you're not good enough, that you'll never get out of this depression, you'll never achieve anything, or really find love or healing from the things that people have done to you--words that were said against you, things that were done behind your back. I want you to know that a broken heart is a broken heart, and the Champion of champions for a broken heart: His name is Jesus. And I want to tell you that if you're battling with something right now, can I just tell you this? I love you. I want to tell you that the very fact that you're watching this right now, it's not luck, chance, a coincidence.

I love you. Stay here and find the truth. What is the truth?--that there is not another you out there--that beautiful things can come from your broken pieces if you give your broken pieces a chance--that your value and your purpose is so significant. And I want to help you to discover that right now.

I want to encourage you that if you have any mental health issues of any kind or suicidal thoughts or depression, I do urge you right now to talk to a professional counselor and get the help that you need. I want you to know that you are not alone, and there is absolutely no shame in seeing a doctor or therapist to get you back up, to have the strength just to take one step at a time. God uses dentists for my teeth. God uses psychologists that I've used for my counsel. "Oh,

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Nick, that must have been a long time ago that you went through counseling!" Ah, about 15 months ago. Christians go through depression. Christians go through anxiety and it's not the spirit of anxiety.

It's not the spirit of depression that's possessing you or attacking you. It's just that the battle between angels and demons for your soul. And if it's not these thoughts of suicide, it's someone that's betraying you. It's something that didn't happen that should have happened in your mind. I want you to know that, that this is something very important to me. As I had attempted suicide at age 10, believing that God was not fair. God didn't make sense to me. And I felt like there was no purpose and without that purpose in my life, I had no meaning. That's how I feel.

If I don't have a sense of purpose as to why I'm going through what I'm going through, or what's the greater good of me just continuing to exist? Is there more to existing, coexisting, and being to this life? Because if there's no purpose, if there's no meaning, if there's no greater good to live out here on this life, and I'm just getting bullied, and I'm just depressed, and I, I know that even if I told anybody exactly how I felt about everything in my life, and especially my childhood, and all the pain and all the tears, and all the anguish, and all the fears, and all of these things, even if I told you everything I went through, I know that you would not understand, and you can't change my heart. Same thing that if you told me everything you've been through, first of all, I would cry, and I'd say I'm sorry. I'm sorry. And even if I heard everything, you know that unless I've actually been through what you've been through, I can't tell you that I understand.

But I can point you to the One [looking up] who does. And I want to tell you that you don't have to do this alone. God supplies people around you. Ask God to help you find someone to talk to. Some of this, I'll tell you right now, you can't just pray away. It's not "the spirit of suicide go away." It's not that! It's about you understanding the truth of your value, the truth of the spiritual warfare, the truth of putting on your armor, the truth of reading the Bible, the truth of the personal daily walk with Jesus Christ, to say, when that enemy says, "Oh, you're ugly!"

"No, the Bible says I'm fearfully and wonderfully made."

"Oh, look what someone did to you! See, you're not good enough."

No. Your past does not define your future. When the world has done something wrong to you, the world says you're not good enough, get a second opinion. "Oh, see, God, He doesn't love you. He allowed that to happen to you." No. What happens is here on Earth, the enemy goes around like a roaring lion seeking whom he can devour, kill, and destroy. His name is Satan. This is not God's dominion. This is Satan's dominion. And his goal is to take your soul. And when we realize that there is evil and good, lies and truth, we know that bad happened to Adam and Eve

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because of the fall of sin. Because we all have sin, I was born with a disability. I was born with the nature called human nature, and human nature is prideful, full of lust, greedy, manipulative, self-seeking, unrighteous--natures of addictions to substances.

And the list goes on. Heard of the Ten Commandments? Anyone that you've met who's perfect? Thus, therein, you know no one who's living here on earth forever because we all have sin. We all have death. You with me? Don't switch off. Listen very carefully. The enemy has dominion. God allows the enemy to have dominion here until Jesus Christ Himself comes back.

And with our broken pieces, what the enemy tries to use for bad--if we give what we have to God--our struggles, our depression, our pain, our wounds, our disabilities, our cancer, the people that have betrayed us, the fears, the anxiety, the depression. God, here I am. Take me because my strength is not enough. My plans can't supersede the enemy's plans against me. And I know I need to be free. I know there's a greater plan for my life, but I don't even know how to go about it. I prayed to God for something to change, Nick, but it didn't change. Me, too. And sometimes God doesn't make sense.

Sometimes He gives limbless people, limbs. He does. I've seen miracles. So we had the weirdest thing, praying for someone with a crooked back who can't walk, and I'm limbless, and I pray for that crooked back to be straight. And that person who can't walk properly to walk in, I see it! Twenty years ago.

It was amazing. I've seen 12 other miracles. It was amazing. I'm like [looking up], "Ah, how about now?" But today, you know that I have the truth. That more than arms and legs, I need the truth of, "Why am I here?" I know that there has to be something more than what we're living for. We know that, but we got to look for it. And some of us have not found it. And I want to help you to know that I found purpose—purpose that brings meaning, that gives me strength to live one day at a time and to decide to stay here.

You know, that movie "13 Reasons Why" talking about the 13 Reasons why people should give up? I don't know how many reasons I'm going to give you today, but here's one thing, there's not another you. And when you give up, there is hope until you take your last breath. I'll tell you right now, because you don't know what beautiful things can come from your broken pieces until you give your broken pieces a chance. Whoever knew that God could use a man without arms and legs who was attempting suicide at age 10 to now meet Presidents! I was just texting a President, back and forth right now this week. And here I am speaking to you. You see, I didn't get the miracle of having no arms and no legs, like to now, "Limbs! Yeah!"

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Who cares? Did your arms and legs give you joy today? For real? Real joy? Temporary highs are only temporary. You have an addiction to pornography. It's how you go to escape you facing and confronting the actual issues as to why you feel helpless. And what's happened to you that you haven't talked to anybody about. It's not about praying it away, just praying in a way. Yes, pray. But read your Bible, see the promises of God. Talk to somebody and understand that you can find that purpose. It says in Jeremiah 29:11, "For I know the plans that I have for you, declares the LORD--plans to prosper you and not to harm you--plans to give you hope and a future. Then you will call upon me, come and pray to Me, and I will listen to you.

You will seek Me and find Me when you search for Me with all your heart. You will find Me," says God. And if you haven't found Him yet, I want you to know that as I was looking for Him, it didn't make sense to me. I wanted arms and legs and I thought arms and legs would be what I need. Some of you are even thinking, "Well maybe I'm just confused about who I am, and who I should be, and I should be like my friends, and I should actually listen to what they're saying at school about this, and I should listen to what what the Hollywood and

the TV series and everything that I'm watching. You know, maybe there is something wrong with me, and I need to I just need to be like them." No!

Come back to the truth. You're wonderfully and fearfully made--the truth of how God designed us, how He called us, and yes, some of us are born without limbs. All of us die. Talk about a disability. I don't need arms and legs. I need purpose--true purpose--and not just being good to be good, to know that I was good, that I did good so then at my funeral people talked about Nick being good, who did good because he was good. No, that's Buddhism. That's Shintoism

That's Atheism. That's Agnostic. I want to know certainty about my soul, when I actually face my biggest disability of death

and sin. Talk about real disabilities, I don't need arms and legs, guys. I need healing in my heart. And some of you have not yet found that healing in your heart. And some of you wish that what has happened to you did not happen, and I'm with you. I am so sorry for whatever has happened physically, emotionally, spiritually, mentally, to you, by someone else, or just in your head. Both are valid. And I want to tell you right now that if you're battling with suicidal thoughts, you can call this number right now on that screen.

Write that down. But listen to me right now. There is nothing wrong with you. In the context of you looking yourself in the mirror, and you blaming yourself, for how you feel. You're human. You're a human being. A human being has feelings. And some of us, where people have done things to us or said things about us--when you look yourself in the mirror, you start convincing

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yourself that they're right, that you deserved to be abused, that you deserved to be bullied, that you actually were the reason why they bullied you anyway.

That's called a lie. Shame and condemnation is not from Jesus Christ! That's from the enemy. Jesus wants you to be able to look yourself in the eyes in the mirror and not think negative thoughts. I want you to know that no matter what has happened in us, no matter what dark pit you're in, there is not one person that Jesus cannot reach and reach out His hand to you, He does today, and says, "Come follow me. I will help you to deal with your anxious thoughts. I will help you to start looking yourself in the eye one day, to even forgive yourself of the things you've done wrong. I will help you to heal your wounds and battle scars of the past of people who have betrayed you." I want you to know that we all go through ups and downs, and we all have the story. But for as long as you're breathing, there is a story being written right now. That's the second reason to stay.

Your history is His story. What does that mean? Whatever brokenness is coming in our life, and when we give it to God, He does something beautiful. What does that mean? First of all, that you would know Him. You would know His strength when you had no strength. You would know His comfort when the world couldn't give you that comfort—when the double shot of whiskey each night doesn't give you what you really, really need. And then you go to God and you say, "God, I need you" when you get what you really, really need.

I want you to know that He is what you need. And the second reason to stay is to know God—that your story ain't done yet. For as long as you're breathing, there's hope! You don't know what's around the corner until you go around the corner. You don't know what beautiful things God can do with your broken pieces until you give Him your broken pieces. Whoever knew that a man without arms and legs could be God's hands and feet, an ambassador of the King of kings and Lord of lords to stand in front of the gates of hell and redirect traffic and see over a million people face to face say, "God if you have a plan for a limbless man, You have a plan for me."

And I'm going to meet those more than million people in heaven. They're going to hug me they're going to say, "Thank you for helping me believe that this place called heaven was real." What if only one person came up to me in heaven and said, "Nick, you went through a difficult life, but you gave your life to Jesus Christ, and you trusted the Holy Spirit that He could take your broken pieces and do something miraculous. You trusted God at age 15," which I did. I gave my life to Jesus Christ at age 15. And I said this to Him and I said, "God, give me arms and legs. But if You don't give me arms and legs set me free. Rescue my soul. I believe Jesus Christ died for me and my sins, I don't want to die.

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I believe He died for my sin. So then I'm now going to live eternally. And God also helped me to overcome and conquer this sin in the name of Jesus, the only name because He was the one who conquered sin. He was the one who conquered hell. He's the One that took the keys of hell itself. No other person claimed to be God. No other person took the keys from hell as it's recorded in our Holy Scripture. That's why it's Jesus.

And so here I am still limbless. But I said to God at age 15, "God rescue me from the biggest, two disabilities: sin and death. Come to my life. Give me arms and legs. If you give me arms and legs, like You've healed the blind man, but if You don't give me arms and legs, use me. If You don't give me a miracle, help me to be a miracle for someone else." And He did! And I'll never forget, at age 24, meeting a limbless boy with no arms and no legs, speaking in front of a crowd in California, a little boy just like me with parents who didn't have any other connection to any other parents in the world with a child like theirs. And I was able to connect them with my parents. Can you imagine the hope they received? Can you imagine the faith and encouragement and love they received? Can you imagine how that changed their life? My parents, they didn't know any other parents when I was born with a son just like theirs.

They didn't get a miracle like that. But they became the miracle for someone else. Daniel didn't know anybody else without limbs until he met me. And when I looked at him, and he looked at me, I knew that God said, "See, there's a reason why I haven't given your arms legs miraculously yet." Now, does that mean that I don't have a pair of shoes in my closet? No, I do have a pair of shoes in my closet just in case he says yes to me, but I don't need arms and legs.

I focus on the treasures in heaven where that one person will come up to me and say, "Nick, you talked about suicide and Champions for the Brokenhearted" on Life Without Limbs, and I happened to watch it. And I had already planned my suicide this week. And it was your message that helped me to stay and to believe in God--that if God can take Nick's broken pieces, then he also can take mine. If he can take the shame and guilt and condemnation and those negative, convincing lies out of Nick's head, he can do that with me. Can you imagine then if I meet that person in heaven? And they hug me and I've got my arms and legs?

What if it was you? Would it be all worthwhile for me? I'll tell you right now, meeting that little boy with no arms, no legs. I don't know if God's going to give him arms and legs. But I knew he needed saving in his soul and renewing of his mind and the Holy Spirit in him to believe that God has a greater purpose for him, too, and if God can use his "Uncle Nick," then God can use him.

And so, I didn't get the speaker at my school to tell the bullies to shut up. But I was the speaker that went to Daniel's school to tell the bullies, "Shut up." It changed the whole school! Pretty

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cool! It was fun. He became the coolest kid in the school, and actually the whole elementary school stopped bullying anyone because they realized whether

someone's this or someone's that, someone's in a wheelchair, someone's not, someone's of this race, someone's of this difference compared to you. No one deserves to be bullied. Period. And at the same time, no one deserves a bigger spotlight for their difference than anybody else. If someone has a difference to me, but we give you all the spotlight, isn't that bullying in the sense that we all should have the same spotlight? So why should you have the same, a bigger spotlight than the person in a wheelchair in your school? Couldn't care less what difference you have!

Couldn't care less about how different you are to the rest of the people. You don't deserve a greater platform than anybody else. That's bullying as well. That's selfish. That's prideful. That's greedy. There is no one who deserves bullying, and there is no one who deserves greater or less than anybody else. This is the equal level--arms and legs or not, popular or not. You think you're ugly or not or beautiful or not, or accepted or achieve of achieving this, or a popular or not--

Whatever, dude! I love you! Forget about "it." Come to Jesus. There is no one like you. There'll be never anybody like you. You live once. Here, you do live once. There is no reincarnation. How do they find my fingerprints from my previous life? And then people say in reincarnation, you come back like a butterfly next time. Forget that. What? I don't want to be a butterfly. Oh, but what about the people who don't believe in Jesus? Well, that's a separate video. I'll tell you right now, as a Christian, I have assurance of salvation. Ask your friends who think they're of some religion. Do you really, really have assurance of heaven? Ask them. And if they really know the Holy Scripture, I can almost guarantee you they're like, "Well, I'm just going to do good.

And I really hope that I'm good enough. And I hope that there's a good enough place for me to go to that actually hopefully exists, that hopefully when I die, I'll know if I get in." That sucks. I want assurance. Well, that's just your religion. No, I've seen the power.

I've not just seeing miracles. I've seen exorcisms. I've seen demonic forces. I've seen the moon worshipers who can't even look me in the eye. Medical doctors said, "Nick, you had three holes in your spine.

We can't fix it." Medically unexplainably, my holes closed up--it's called syrxinx.

They said, "We don't know how that happened."

I'm like, "I know. I know how that happened."

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So now with me without arms and legs can pray for miracles. And I know that miracles can happen. But God chooses not to give me a miracle. And how do I now think of to be a miracle?

I'm going to help you right now bridge that for you. Ready? Daniel, without arms and legs, is going to have arms and legs in heaven. He's going to come up and hug me in heaven. And he's going to cry on my shoulder. And he's going to say, "I think God for sending you in my life to help me to believe that this place called heaven was real." That one moment--do you think that that is more valuable or less valuable than me having arms and legs here on earth for 90 years compared to seeing Daniel now in heaven for eternity?

And then I also meet the people that Daniel inspired. Arms and legs?

Isn't it just going to give me arthritis later on anyway? Did you wake up this morning, count your fingers and toes and say,

"Wow! I'm going to have a great day today because I've got 10 fingers and 10 toes"? No, you did not.

That's why I'm not waiting for limbs. I don't want to tell you right now.

Whatever counseling you need, you can get it. The truth is there. Find it to search for it. You can't do this on your own. You want to email me and my team? Email us support@lifewithoutlimbs.org. [Again] support@lifewithoutlimbs.org.

Email us. Email someone. Tell someone. Call the hotline. Do something. Just don't do it alone. But today for your soul. I want you to know that if you believe that your strength is not enough, and your plans are not enough, and your umph is not enough, and your positive energy is not enough—guess what? You're right. You need God and He is more than enough.

Imagine 10 years from now. Your wounds become battle scars. How? Talk to a counselor.

A counselor says, "How can I help you? I want to say something that happened 20 years ago." Okay? And I tell them. Then they say, "How did that make you feel?"

And I told them how it made me feel. Then they asked me, "What else would you like to say about it?" And then I tell them more.

Then they said, "How did that make you feel?" And I told them how it made me feel.

"Is there anything else that you want to say about it?" No. "What else would you like to talk about?"

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And in that process, it made my wounds into battle scars. That's what counselling looks like. And when your wounds turn into battle scars, 10 years from now—maybe you never had a dad, or he was never the dad that he needed to be.

In 10 years from now, you're good to the point where you're like, on standby, say, "God, help me to be your hands and feet. Help me find someone who has thoughts of suicide. Help me find someone who's depressed. Help me find someone who hates their life, to the point that there is no hope in their mind. Help me to help them find You."

And He shows you who it is, and you talk to them. And you tell them your history, His story.

And they then come to Jesus. Long after we're all dead, when we go home-- if that person gives their life to Jesus—if they go to heaven, and you meet them there, they're going to hug you, and say,

"You came to me when I was 17 years old. My dad was not the dad he should have been, or I've never had a dad, and you came to me, and you told me about how God took your life and healed you and set you free. You helped me to believe that this place called heaven was real." Tell me for the sake of one soul, would we or would we not say,

"Yes, God. I give You my life. I give You my broken pieces. I don't know what this looks like. I can't even think about thriving. I'm just thinking about surviving. Give me strength. Help me to know that there is hope until I give up. God helped me to know that you understand me you already know everything that has happened to me. And You understand. Thank You, Jesus, for dying on the cross for my sins.

Come into my life. Fill me with your Holy Spirit. I don't want my plans. I don't want to listen to those lies. I don't want to keep on drinking. I don't want to keep on having a pornographic addiction. I don't want to be addicted to social media anymore. I don't want to think about who I need to compete with at school to be better or prettier or wiser or more athletic or more popular, or smarter, whatever, dude."

Put it all aside, all of that. Say, "God help me to not listen to that. Help me [looking up] to listen to You. Help me to know You. Help me to search for You.

Help me to pray to You. Help me to put on my armor that when the enemy comes and gives me all kinds of fiery darts and thoughts--that when that thought comes that's negative and I know it's a lie, help me Holy Spirit to capture that thought and replace it with truth." That's the battle.

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That's the war. And that's the defined pain that you can't put your finger on within your soul. It's a God-shaped hole. And I want to ask you, "Will you fill that God-shaped hole that can only be filled by God?"

How long will you depend on your plan and your strength? How long will you wait for people to change? How long will you wait for people to say, "Sorry," before you ever think of thinking of forgiving them. Oh, trust me. Took me 10 years to forgive someone. And I'm the preacher. We all have struggles with stuff. We all have people who have hurt us.

But I realize whether he said, "Sorry," or not, that if I don't forgive him, I am the one that carries my unforgiveness, which will be crippling me more than having no limbs.

I want to ask you, "Are you ready to start your journey with God to actually find the truth as to why you were created, and to never, ever, ever, ever think again, about ending your life. In Jesus name, no more. No more!

I love you. He loves you. God says in Romans 10:9, "If you declare with your mouth that Jesus is Lord and you believe in your heart that God raised Him from the dead, you will be saved." And if you believe that, then you enter into a personal relationship with Jesus Christ. It is more than just going to our church twice a year, once for Christmas once for Easter. It is more than just saying, "I'm a Christian." It's more than just going to a church every Sunday. Do you know Him?

I do. And you can, too. Are you ready to start that journey with Jesus Christ? 2 Timothy 1:7 says that, "The Spirit God gives us in Christ is not one of fear, but of power, love, and a sound mind." If you don't believe in Jesus, and you make a cocktail of your own belief, let me tell you in about 12 months, your belief systems going to be different. Because it's all relative, there is no truth. There is no anchor. The truth anchoring truth and truthful anchor is Jesus Christ.

And no matter who you are, God wants you to give you life, power, love, and a sound mind. He wants to remove that heavy burden of shame and guilt and condemnation and depression and anxiety and addiction and affliction and oppression. Take that off you that you've been carrying, and give you peace—a peace that only He can give you, a peace that money will never give you, a peace that not even a relationship will ever give you, a peace that only He gives. He wants to give you eternal life.

Eternal hope! Will you receive that today? Ready? Close your eyes. Say, "Dear God, I come to you today, and I thank You for loving me. Thank you, God, for this moment to talk to You. I know You're listening. God, please forgive me of everything I've done wrong. I'm sorry. I am a sinner. And I know I'll never be perfect. But today I choose You to believe in Jesus Christ, the

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Son of the living God to be my Savior, my Master, my King, and my Friend. Lord, I need you. Please come into my life.

I turn away from sin. I do not want to sin. I want to know You. I want to live for You. I want to walk with You. I want to talk with You. Teach me how to pray. Show me how to live. Help me to have faith, to know that You are always with me, and You will never let me go. God, I pray, that You would change my circumstance. I pray in Jesus name for miracles. I pray right now for circumstances to be different. But God, I pray right now--more than a physical miracle--I need You to please forgive me and rescue my soul. Change my life. Fill me with the Holy Spirit, and show me Your plan, Your purpose. Give me Your peace. God, I need you.

I need You now. Take my depression. Take my thoughts of giving up. Take my anxiety. In the name of Jesus, I speak against every principality and power of darkness that be against me and my family. In Jesus name, be gone. God, I love You. Thank You that I am not condemned. Thank you, God, that I don't have to carry my guilt or my shame. The Bible says as I confess my sin, in sincerity, and turn away from sin to choose You, You forgive me, and You carry me until my last breath. Help me, God, and when I fail, and when I fall, pick me up and give me strength to keep on going. And God, I thank you that you can take my broken pieces right now.

Here they are [looking up]. Help me to have faith to trust in You one day at a time. In Jesus name, I pray, Amen." I want to tell you that if you're looking for something to help you in your daily walk, my way of doing that sometimes is just putting on some worship music. There are a couple albums out there that really have helped me. If you need some worship music suggestions, email us support@lifewithoutlimbs.org.

We'll give you a playlist. But just Spotify, whatever, "worship music" and listen to the words as we, as Christians, no matter what we are going through, we can thank Him for what He has already done, not what we hope He is going to do. But what He has already done: Jesus Christ dying for you, Jesus Christ raising from the dead, God promising that He is always with us

that whatever we are going through, He is going to help us to grow through that whatever circumstance He does not choose to change, He's going to use the circumstance. And I also encourage you to gather with like-minded believers and find a local church. Some Christians actually are the reason why people haven't become a Christian.

I'm sorry for that, too. But that is not a reason why not to seek Jesus Himself. [There are] lots of good teachings from Gateway people. "Gatewaypeople" is a YouTube channel--feel like, "Ok, I

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may not find a church. I may not find someone to talk to or to grow on my Facebook. Go to "Gatewaypeople" channel on YouTube ([youtube.com/gatewaypeople](https://www.youtube.com/gatewaypeople)).

Robert Morris, my favorite Bible teacher, will tell you, I love you. We also want to help you. Right now from Life Without Limbs, I have recorded 7 videos that you can't find on the Internet that I want to send you—7 videos, 1 video per day, for the next 7 days.

They are going to help you take your first steps in your new relationship with Jesus Christ, and to get these videos, all you need to do is get your phone out. The number that you need to text is 51237. Again, the number 51237 and text the word to that number: JESUS. I urge you again that if you are struggling with suicidal thoughts, please seek help today. Dial that number. Tell someone. Tell your mom. Tell your dad. Tell somebody. I want you to know I love you, and God loves you. We want you to know that you are here. Your life is so important. He has an incredible plan for your life. And I want to tell you, I love you with all my heart today.

Don't give up on God. God will not give up on you. Take one day at a time. Hold onto Him, and He will hold on to you. I love you so much. God bless. Bye-bye.